

RORY LAMAR "HAWK" HOLT



Sometimes you just have to think that maybe somebody as good an athlete as Rory 'Hawk' Holt was that he just had to be born with a ball in his hands.

And it didn't matter what kind, either: Football. Baseball. Basketball.

Coming from a Lexington athletic program that seemingly produced one stellar athlete after another, Holt (1979 to 1982) might have been one of the best multi-sport athletes the system has ever produced.

Witness:

Holt was the quarterback for the Lexington football team, winning all-state honors at the position in 1982. He was also a two-time all-conference player and a two-time all-Davidson County player for the Yellow Jackets and he was a running threat with every snap.

He wasn't bad on the basketball court, either. Usually playing the point, Holt averaged 17 points per game and made the all-Davidson County basketball squad.

In baseball, Holt was a clever pitcher on the mound and a vacuum cleaner at shortstop, scooping up everything that came his way. He was also a three-year starter on the Post 8 American Legion team.

And when he wasn't playing baseball, he was a standout on the track and field squad.

Holt played football as a defensive back at Wake Forest (1982-1986), where he is No. 10 on the all-time tackle list and No. 5 in all-time pass breakups. He was named Rookie of the Week after his first college game against Duke, and was named ACC Defensive Player of the Week six times in his career. He was also named Second Team all-ACC.

