

## FREDERICK VARNER SINK



Lexington tennis has a long and distinguished history, but one name stands out as prominent as any:

Varner Sink.

A 1971 graduate of Lexington Senior High School, Sink was a fierce competitor on the court. Through the years, he attained five esteemed top 10 North Carolina Tennis Association rankings.

In addition, he also won city open championships not only in Lexington, but also in Thomasville, Winston-Salem and Boone.

He also became a teacher of the game. He coached Lexington Senior High School tennis in two different stints, the first from 2007-2010, and the next round from 2015 to his retirement in 2018. He posted a 19-5 record in his final season with the team.

His coaching garnered five Coach of the Year awards, along with five conference tennis titles. Two of his teams reached the North Carolina High School Athletic Association semifinals.

He was also captain of the Lexington Men's Piedmont Tennis League's championships in 1984 and 1985.

Sink, a past president and vice president of the Lexington Tennis Association, was recently recognized as the recipient of the NCHSAA's Tony Simeon "Courage" Award.

