

ANNA GILLIAM FREEMAN HEALY



You could see the transformation the moment she took the basketball court: the friendly classmate instantaneously became the focused teammate. She could dribble the lane from the top of the key. She could hit the baseline jumper. She could make her free throws.

And she could play defense. Man, could she play defense.

Not bad for a post player.

A four-year starter at East Davidson, Anna Freeman Healy helped the Golden Eagles to a sterling 106-19 record, including a 2-A state title in her junior year.

She scored 1,853 points, pulled down 1,199 rebounds, had 452 blocks, 396 steals and 453 assists during her prep career, the kind of statistics that likely make her one of the most accomplished players in Davidson County girls' basketball history.

She earned all-state and All-Central Carolina Conference honors all four years at East Davidson. Her number 33 was retired at East.

But the story doesn't stop at high school.

While at Appalachian State University, where she earned an athletic scholarship, Healy finished first in career block (265) and steals (383) and second in career scoring with 1,858 points and second in career rebounds with 1,008 nabs.

Consequently, she was named either first or second team All-Southern Conference in all four years of her career while being named the Defensive Player of the Year in the 2010-2011 season. She started all 132 games in her career, helping the Mountaineers to a 95-37 record in that span.

She is a recent inductee of the Appalachian State Athletics Hall of Fame.

Healy and her husband, Nathan, have one child, a daughter named Isabella.

